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## POST PROCEDURE IPL TREATMENT

- The IPL treated area may look crusty or like particles of “peppering” where the spot was treated. The area should be cared for as a burn, some crusting may occur and should heal in 7-10 days.
- Apply aloe vera twice daily for one week.
- Take Tylenol per packing directions as long as needed for discomfort.
- NO shaving over treated area as long as area is red and swollen.
- AVOID all sun exposure, self-tanning products and tanning beds between laser treatments.
- Apply a broad spectrum UVA/ UVB sunscreen with SPF-30 to treated area, if in the sun, for at least six months following the laser treatment.
- Also use a physical block such as sunglasses, hats, and scarfs, etc.
- AVOID swimming pools or hot tubs for 1 month to prevent infection.
- Avoid strenuous exercise for the next 48 hours.
- If you have any questions about the way this area is healing, please call us at 317-571-0756

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Laser Technician: \_\_\_\_\_ Date: \_\_\_\_\_