



GILLUM FACIAL PLASTIC SURGERY
13431 Old Meridian Street, Suite 110
Carmel, IN 46032
www.gillumfps.com
Phone: 317-571-0756
Fax: 317-571-0820

POST PROCEDURE INSTRUCTIONS
LEVULON TREATMENT

- Mild sunburn-like sensation is expected. This usually lasts 2-24 hours but can persist up to 72 hours.
- Apply cold gel packs or cool wet clothes to the treatment areas for 15 minutes every 2-4 hours until symptoms subside.
- Bathe or shower as usual. Treated areas may be temperature sensitive. Cool showers or baths will offer relief.
- AVOID aggressive scrubbing, use of exfoliates, scrub brushes, and loofa sponges until treatment area has returned to its pretreatment condition.
- AVOID sun exposure to treated areas, as well as the use of suntan beds and self-tanning creams.
- AVOID swimming, hot tubs/Jacuzzi, and excessive exercise for 7 days after treatment or until redness resolves.
- DO NOT pick or remove scabs or crusting; this will help decrease the chance of infection and scarring.
- Use a SPF-30 sunscreen and physical block (hat, scarf, sunglasses, etc.) if sun exposure is unavoidable. Sun avoidance will decrease the likelihood of skin color changes.
- Follow-up treatment may be performed within 1-2 weeks.

If you have any questions or concerns please call GILLUM FACIAL PLASTIC SURGERY
317-571-0756

Patient Signature: _____ Date: _____

Laser Technician: _____ Dare: _____