



GILLUM FACIAL PLASTIC SURGERY
13431 Old Meridian Street, Suite 110
Carmel, IN 46032
www.gillumfps.com
Phone: 317-571-0756
Fax: 317-571-0820

LIPODISSOLVE PRE & POST TREATMENT

Who is not a candidate?

- Patients with bleeding disorders (i.e. hemophiliac)
- Patients on blood thinning medications
- Patients on insulin with “uncontrolled” blood sugars
- Pregnant or nursing mothers
- Patients with autoimmune disorders (i.e. scleroderma)
- Patients with active liver or kidney disease
- Patients with inflammatory connective tissue disease
- Patients with severe high blood pressure or heart problems
- Patients with HIV
- Patients with any debilitating condition who are not deemed appropriate candidates by the treating care giver

Pre-Treatment Instructions:

- Shower before treatment using antibacterial soap if possible
- Stop preventive use of ASA's (Aspirin) or Non- Steroidal Anti- inflammatory Drugs such as Aleve, Motrin, Ibuprofen, Naprosyn or corticosteroids 1 week prior to treatment
- Eat within 2 hours before your treatment
- Wear dark colored, loose fitting clothing

Post-Treatment Instructions:

- If experiencing discomfort, use only Tylenol or any acetaminophen.
- Walking 20 to 30 minutes daily during the course of treatment will aid in effectiveness. Avoid any strenuous exercise (anything that would cause you to sweat or increase your heart rate) for 48 hours after injections. After 48 hours, you can resume regular physical activities as tolerated.
- Patients will experience some burning and or discomfort for 1 hour following treatment. In rare occasions, there may also be some lingering pain experienced for 48 hours (including discomfort) after treatment. In such cases the patient is advised to use an appropriate analgesic and call if pain continues
- Patients may expect swelling , redness, itching, and bruising
- No hot tubs, saunas or tanning bed use for 48 hours after treatment
- Arnica gel applied three times a day will help resolve bruising. This can be purchased from any health food stores.
- Soreness, swelling, and bruising will peak at about 48 hours after treatment and will resolve within 10-14 days. Patient needs to drink lots of fluids the first 24 hours. Inflammation will be present up to 4 weeks after treatment, which will limit any visible results. Results from treatment can often be noticed after 2nd or 3rd session, about 4 to 5 weeks after your last treatment depending on your metabolism and body type.