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Post Micropigmentation Care

Observe the following for a two week period:

Your skin has just received a micropigmentation process. A color pigment has been placed into your recently broken skin. There will be an epithelial crust that will form in following days. This crust is dried pigment and plasma that forms externally. The crust will fall off naturally within a few days. Picking at the crust, scrubbing, rubbing, scratching, and harsh cleansers will result in a loss or distortion of color pigment. Swelling is more noticeable in eyeliner and lip color procedures. Eyes will be slightly swollen until midday of the day following the procedure. Lips however, can be swollen for two to three days or in some cases longer. For the first few days following the procedures, the area will feel similar to that of sunburn. A topical ointment will soothe the area. As healing progresses, color will soften. Failure to follow up post care as follows may cause loss of pigment, discoloration, or infection. **This is a two-step process. Your procedure will not be perfect after the first application. The color will lighten considerably as you heal, and some areas may not hold the pigment as well as others. Healing time and results vary with each individual. Any imperfections will be corrected at your follow up appointment.** Don't hesitate to call with any concerns.

Instructions

1. If swelling occurs, apply ice if needed. Wrap the ice in a paper towel, applying to the area for 15 minutes every hour until swelling subsides or as directed.
2. Apply antibiotic ointment (polysporin, bacitracin, etc.) or aquaphor ointment twice daily for five days. Use Q-tips to apply ointment.
3. **Keep moist.** Apply aquaphor ointment lightly with Q-tips as needed. Do not over apply, just keep moist.
4. On large pigmented areas such as scar revision or areola use sterile dressing.
5. Gently cleanse twice daily with cool water. Absolutely no soaps, chemicals, or cleansing creams applied to the area for seven days. Absolutely no scrubbing.
6. Do not expose treated area to the full pressure in the shower. Avoid hot water and steaming showers.
7. Do not soak treated area in a sauna, hot tub, or pool with chlorinated water. Avoid swimming in fresh or salt water areas for at least two weeks.
8. Do not expose treated area to sun, or tanning bed, for at least two weeks.
9. **Do not pick at the epithelial crust. Keep hands off at all times.**
10. Lips- drink through a straw. Avoid salty and spicy foods for several days.
11. Colors will appear brighter and more sharply defined immediately following the procedure. It will lighten as it heals.
12. At the first sign of infection, allergic reaction, or adverse reactions contact your health care provider and this office.

Your procedure has been performed by _____ Date _____