



GILLUM FACIAL PLASTIC SURGERY
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POST-OPERATIVE SUBMENTAL LIPOSUCTION

- The area under your chin will be swollen and bruised; you may feel a burning sensation. You may feel stiff and sore for a few days.
- No bending over or heavy lifting for 72 hours.
- Sleep with the head of your bed elevated. For the first 72 hours elevate at 90 degrees; elevate at 45 degrees for an additional four days post-operatively.
- Take all medications as prescribed.
- It is important to wear your head wrap for the first 72 hours, only removing for cleanings. After the first 72 hours you can wear your head wrap at night only. Please know that the more you can wear your head wrap for compression the less swelling you will retain.
- You will have a small suture area under your chin; this area will be covered with paper tape that should remain in place until you are seen back in our office for your one week post-operative appointment. If the tape falls off you can clean the area and apply bacitracin to prevent infection.
- You can shower per normal routine. this tape can get wet; allow it to air dry and it should remain in place.
- If you have any questions, contact our office at 317-571-0756. If you are calling after normal office hours please call 765-499-4791, please leave a message and your call will be returned promptly.